



2020 CANTEEN MENU



**ORDERS ARE TO BE
PLACED ON QKR!
BEFORE YOUR SCHOOLS
CUTOFF TIME.**

FOR FURTHER INFORMATION VISIT
www.rorys.com.au OR
CALL OUR SUPPORT LINE ON
0413575800

CLASSIC SALADS

● CHICKEN CAESAR SALAD \$6.90 GF

Seared chicken, egg, bacon, cos lettuce, tomato, cucumber and parmesan cheese, served with a classic Caesar dressing.

● TANDOORI CHICKEN SALAD \$6.90 GF

Tandoori Chicken, baby spinach, cucumber, Spanish onion, roasted capsicum, cheese with a Green Goddess dressing.

● GREEK SALAD \$6.90 GF

Marinated fetta, olives, roasted capsicum, Spanish onion, cherry tomato, lettuce and cucumber with a Greek style lemon oil dressing.

● SEASONAL FRUIT SALAD \$4.80 GF V VG

Diced seasonal fresh fruits.

SUPER SALADS

● DUKKAH CRUSTED PUMPKIN \$6.90 V VG DF

Dukka crusted pumpkin, broccoli, house dried tomato, toasted pepitas, Spanish onion, and baby spinach, with a balsamic dressing on the side.

● VIETNAMESE CHICKEN \$6.90 DF

Vermicelli noodles, lightly coated in sesame oil, with Vietnamese chicken, julienne carrots, capsicum and spring onions, Chinese cabbage, coriander and mint served with an Asian style sauce on the side.

● VIETNAMESE TOFU \$6.90 GF V VG DF

Vermicelli noodles lightly coated in sesame oil with grilled tofu, julienne carrots, capsicum and spring onions, Chinese cabbage, coriander and mint, served with an Asian style sauce on the side.

● ROASTED BEETROOT & BLOOD ORANGE \$6.90 GF V

Roasted beetroot and sweet potato with baby spinach, marinated fetta, mandarin segments, Spanish onion and toasted pepitas, served with a beetroot and blood orange dressing.

SPECIALTY SALADS

● CAESAR PENNE \$5.50

Penne pasta tossed with diced bacon, spring onions and classic Caesar dressing.

● TANGY TOMATO \$5.50 V

Shell pasta tossed with corn, spring onion and coated in house made tangy tomato dressing.

● MEDITERRANEAN CHORIZO \$6.90

Chunky style salad with cucumber, heirloom cherry tomatoes and olives topped with sliced grilled chorizo and bocconcini with a Green Goddess dressing on the side.

● Green Foods
● Amber Foods

GF Gluten Friendly VG Vegan
V Vegetarian DF Dairy Free

DID YOU KNOW?
Our salads provide 3 serves
of your daily veggie
requirements.





BAGUETTES, WRAPS & SANDWICHES

● CHICKEN SCHNITZEL \$5.90

Chicken schnitzel, lettuce, cheese and mayo.

● TANDOORI CHICKEN* \$5.90

Tandoori chicken, lettuce, cheese, cucumber, roast capsicum, Spanish onion and mint mayo.

● PLOUGMANS* \$5.90

Beef, cheddar cheese, house dried tomato, pickled cucumbers and baby spinach with onion relish and mayo.

● CHICKEN AND CHORIZO \$5.90

Seared chicken and Chorizo with house made slaw & smokey chipotle dressing.

● MEDITERRANEAN* \$5.90

Salami with lettuce, cheddar cheese, roasted capsicum, cucumber and house dried tomato with olive tapenade and Caesar dressing.

● TURKEY & CRANBERRY* \$5.90

Turkey, swiss cheese, lettuce, and cucumber with cranberry, dill cream cheese and mayo.

● SWISS HAM* \$5.90

Ham, Swiss cheese, cucumber, tomato, lettuce and dijonnaise.

● TUNA & PARSLEY* \$5.90

Tuna mixed with Spanish onion and parsley, lettuce, cucumber and kewpie mayo.

● SMASHED FALAFEL & AVO \$5.90 v VG DF

Smashed falafels and avocado with baby spinach, tomato, cucumber, Spanish onion with vegan aioli.

Gluten Friendly Rolls \$7.40

Available on all the above combinations indicated with an *

TOASTED SANDWICHES & SUBS

● TOASTED SANDWICH WITH CHEESE \$3.60 v

● TOASTED SANDWICH WITH CHEESE & VEGEMITE \$3.60 v

● TOASTED SANDWICH WITH HAM & CHEESE \$4.20

● TOASTED GARLIC SUB \$2.50 v

● TOASTED HAM & CHEESE STUFFED SUB \$3.90

*GLUTEN FRIENDLY
ROLLS WILL BE
AUTOMATICALLY
SERVED WITH GLUTEN
FRIENDLY DRESSINGS



FOCACCIA MELTS

● TUNA \$5.90

Tuna mix with cream cheese, baby spinach and mozzarella cheese.

● CHICKEN \$5.90

Chicken & avocado with cream cheese, baby spinach and mozzarella cheese with Caesar dressing.

● HAM \$5.90

Ham, cream cheese, baby spinach, tomato and mozzarella cheese with onion relish & mayo.



SPECIALTIES

SUSHI

1x \$3.50 2x \$6.20 3x \$8.30

● CHICKEN SCHNITZEL

Crumbed chicken breast schnitzel, cucumber & kewpie mayo.

● CALIFORNIA

Seafood stick, cucumber & kewpie mayo.

● TUNA GF (GF only without soy sauce)

Tuna mixed with parsley and Spanish onion, cucumber & kewpie mayo

● VEGETARIAN GF (GF only without soy sauce) V

Tempura pumpkin, cucumber & kewpie mayo

● CHICKEN COLD ROLLS \$6.20 GF DF

Two large rice paper wraps filled with vermicelli noodles, julienne vegetables, fresh herbs and marinated chicken breast served with an Asian style dipping sauce.

● TOFU COLD ROLLS \$6.20 GF V VG DF

Two large rice paper wraps filled with vermicelli noodles, julienne vegetables, fresh herbs and marinated tofu served with an Asian style dipping sauce.

● BANH MI – VIETNAMESE MEAT ROLL \$6.20

Vietnamese roll filled with marinated chicken, cucumber, carrot, coriander, lettuce, and siracha aioli (mild)



HOME COOKED MEALS

● BUTTER CHICKEN \$5.60 GF

Chicken marinated in yoghurt and spices, combined in a creamy tomato and herb sauce and served with basmati rice.

● CHICKPEA AND VEGETABLE CURRY \$5.60 GF V VG DF

Chickpea, sweet potato, peas and cauliflower in a mild Indian coconut curry sauce served with pilau rice.

● AMERICAN CHEESE NACHOS \$5.60 v

Toasted corn chips served with American nachos cheese sauce & salsa on the side so you can either pour or dip!

● BEEF LASAGNE \$5.60

Bolognese and Bechamel sauce baked between fresh pasta sheets.

● VEGETARIAN LASAGNE \$5.60 GF V

Napolitana sauce, spinach and ricotta, baked between gluten free pasta sheets

● RAVIOLI MILANESE \$5.60

Beef filled ravioli topped with Milanese sauce and mozzarella cheese.

● THAI CHICKEN NOODLES \$5.80 DF

Hokkien noodles in our sweet chilli and soy sauce with chicken, carrot, capsicum, baby corn, spring onions and fresh coriander.

● NASSI GORANG CHICKEN \$5.60 DF

Indonesian style fried rice with marinated chicken breast, bamboo shoots, spring onion, seasonal vegetables and fresh aromatics.

● NASSI GORANG TOFU \$5.60 GF V VG

Indonesian style fried rice with grilled marinated tofu, bamboo shoots, spring onion and seasonal vegetables and fresh aromatics.



PIZZA

● MARGHERITA PIZZA \$4.90 v

Pizza sauce and mozzarella cheese.

● AUSTRALIAN PIZZA \$5.50

Pizza sauce, diced ham and mozzarella cheese.

● HAWAIIAN PIZZA \$5.60

Pizza sauce, diced ham, pineapple and mozzarella cheese.



FOUR N TWENTY PASTRIES

● TRAVELER PIE \$4.70

Beef 160 gm.

● BEEF PIE or PASTY \$4.70

Aussie Lite Beef Pie 175 gm or Classic Pasty 175gm.

● SAUSAGE ROLL \$4.50

Aussie Lite 125 gm.

● CHICKPEA, SPINACH & CARAMELISED ONION ROLL \$4.70 v VG DF



BURGERS

● GLUTEN FRIENDLY CHEESEBURGER \$6.90 GF

Premium Gluten Free beef patty, burger cheese and tomato sauce on a gluten free roll

● BEEF & CHEESEBURGER \$5.00

Premium beef patty, burger cheese with tomato sauce on a 4" burger roll.

● CRUMBED CHICKEN BURGER \$5.00

Crumbed chicken breast patty, lettuce and mayo on a 4" burger roll.

● GRILLED CHICKEN BURGER \$5.50

Grilled chicken breast patty, cheese, lettuce, and burger sauce on a 4" burger roll.

● VEGGIE BURGER \$5.50 v

Oven baked veggie patty with burger cheese, lettuce and burger sauce on a 4" burger roll.

OVEN BAKED

● 3X CRUMBED CHICKEN TENDERS \$5.20

Includes your choice of dipping sauce - sweet chilli aioli, tomato, BBQ, sweet chilli.

● 4 x CHICKEN NUGGETS \$3.80 or 6 X CHICKEN NUGGETS \$5.10

Includes your choice of dipping sauce - sweet chilli aioli, tomato, BBQ, sweet chilli.

● POTATO GEMS \$3.90 v VG DF

Includes tomato dipping sauce.

● POTATO WEDGES \$4.90 v

Includes your choice of dipping sauce - sweet chilli aioli, tomato, BBQ, sweet chilli.

HOTDOGS

● HOT DOG \$4.90

● HOT DOG WITH CHEESE \$5.40

● PUPPY DOG \$3.20

All hotdogs are served with or without tomato sauce.





SNACKS

- **REDROCK CHIPS \$2.20 v**
Honey Soy, Sea Salt 28gm.
- **MAINLAND CHEESE AND CRACKERS \$2.50 v**
Tasty Cheese 30gm
- **HASH BROWN OVAL \$2.20 v**
Golden oven baked hash brown.
- **SEASAME SNAPS \$2.20 GF v**
Yoghurt 40gm.
- **WATERMELLON TUBS \$2.50 GF V VG**
Freshly cubed watermelon.
- **SLICED ORANGE TUBS \$2.50 GF V VG**
Freshly sliced orange.
- **BANANA CHIP TUBS \$1.50 GF V VG**
25gm approx.
- **SULTANA TUBS \$1.50 v vg**
40gm approx.
- **DRIED APRICOT TUBS \$1.50 v**
50gm approx.
- **YOGHURT TUBS by SOMETHING WILD \$3.50 v**
Kakadu Plum 125gm.
- **JELLY CUPS \$2.50 GF V VG**
Strawberry, Lime 100gm.
- **CUSTARD CUPS \$3.00 GF V**
Vanilla, Chocolate 100gm.



ICEBLOCKS

- **FROZEN FRUIT CUPS \$2.00 GF V VG**
Apple & Blackcurrant.



DRINKS

- **JUICE POPPER \$2.80**
Apple, Apple-Blackcurrant, Orange 250ml.
- **NIPPY'S FRUITALICIOUS \$3.80**
Apple Guava, Apple Blackcurrant, Orange, Multifruit 350ml.
- **NATURAL SPRING WATER \$2.70**
500ml.
- **NIPPY'S MILK \$3.40**
Chocolate, Strawberry, Honeycomb 250ml.
- **UP AND GO \$3.20**
Chocolate, Strawberry, Banana 250ml.
- **FOCUS SPORTS WATER \$3.40**
Blackcurrant, Raspberry, Lemonade 350ml.

CONTACT US:

www.rorys.com.au

CALL OUR SUPPORT LINE

041357580

9:30am – 5:00pm
Mon - Fri





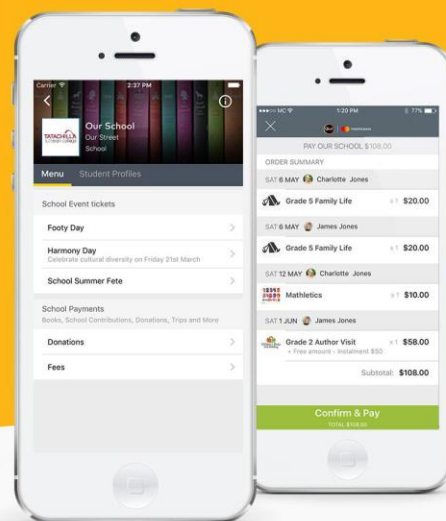
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For quicker, hassle-free school payments, try Qkr! today

Introducing Qkr! (pronounced 'quicker') by Mastercard, the secure and easy way to order and pay for school items from your phone at a time and place that suits you.

With Qkr you can:

- Order and pay for your child's lunches, reducing the need to bring cash to school;
- Pay for a variety of school items;
- See your receipts on the app and get them sent by email if required.



Getting started is easy - try it yourself today

Step 1 Download Qkr!

on your Android phone or iPhone. iPad users can download iPhone app



Step 2 Register

Select your Country of Residence as 'Australia' and follow the steps to register

Step 3 Find our school

Our school will appear in 'Nearby Locations' if you're within 10kms of the school, or search for our school by name.

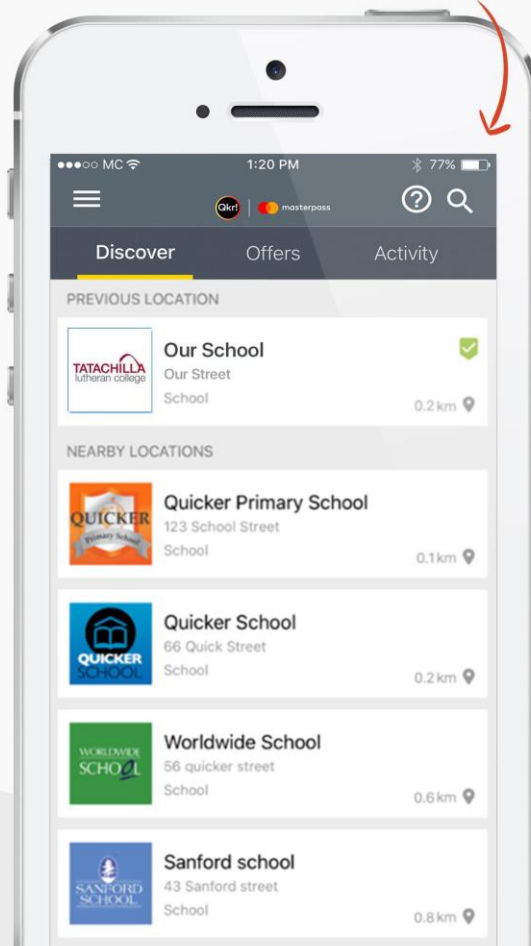
Step 4 Register your children

When first accessing our school you will be prompted to add a student profile for your child. This allows you to make orders and payments for them.

If you have made a purchase you can select our school from 'Previous Location'

If you're within 10 kms of the school, you can select our school from 'Nearby Locations'

Search for our school name

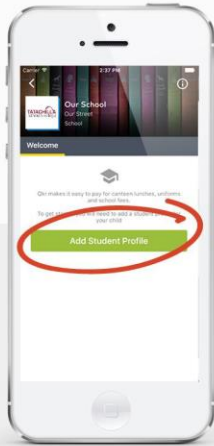




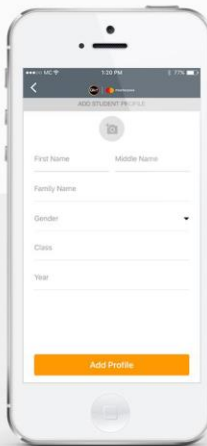
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Add your children's details in Student Profiles

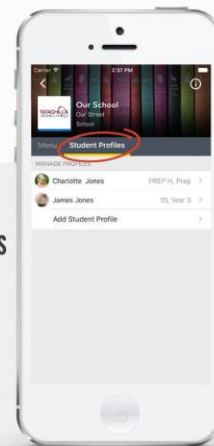
Select
'Add student profile'



Add each
child's details

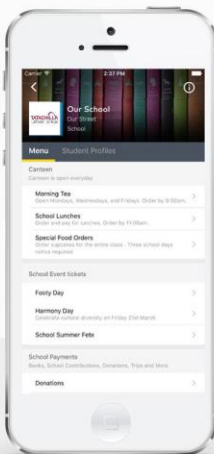


Manage each
child's details in
Student Profiles



Order meals

Select a menu
from our canteen

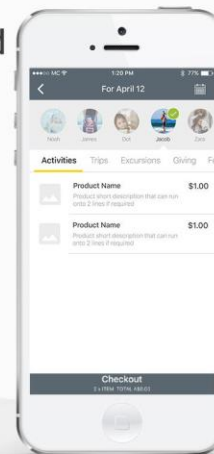


Tap the green
box to view
your receipt
or to cancel
an order



Select a date
for a child and
order a meal

Tap 'Repeat
order' to
copy all paid
orders from
one week to
the next



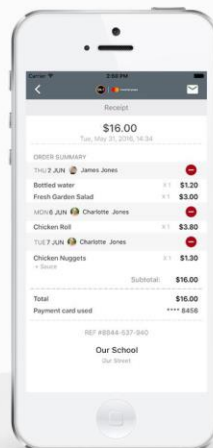
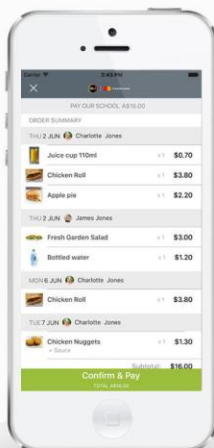
Tap to change
the date you
are ordering for

Tap to change
the child you are
ordering for

Tap 'Checkout'
then confirm and pay

Making payments

Add up to 5 cards to your wallet



At checkout select which card to
pay with.

Pay with any cards accepted by
the school.

Once your payment is approved you
can continue to the home page, or
view your receipt.